

# MONTHLY

*February*

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*2024*



Ian's background includes being a geriatrician from Hong Kong and a student of the MHLP in Seniors Care at UBC. His work at the IDEA lab spans from knowledge translation to projects such as Team Based Virtual Care and Learning Health Systems.

### **THIS MONTH'S UPDATES**

**Sleepsense**

**TV Study**

**Team-based Virtual Care**

**The Strategic Equity & Anti-Racism (StEAR)**

**Enhancement Fund**

**Application**

**DemSCAPE**

## **MEMBER SPOTLIGHT: IAN CHAN**

### **What motivated you to be part of IDEA Lab?**

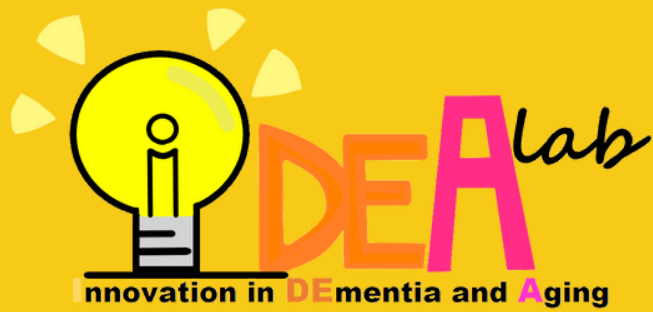
I like meeting people and intergenerational interactions, which teaches new generations, like my son, how to treat and care for people of different age groups. IDEA lab also promotes inclusivity and diversity, which has different research topics and objectives. This is why I was interested in the lab, because it was mentioned in Dr. Hung's class.

### **How does the lab connect with your life?**

Lab work is not just research, we communicate with and support each other. Lillian also encourages us to bring our families, which showcases how we interact with the community, and how we practice our work of finding solutions in our daily life. I do not perceive this as work, rather as daily activities that help me to be part of something that's very meaningful and outside of my working scope.

### **What lessons have you learned? Any that you want to pass on to your son?**

I learned to speak up if you need help because our community is very supportive of each other. You may notice that there are volunteers and people with specific experience or skills, so this is what I learn from. Not just to my son, but to all children, we encourage them to join any function, that welcomes intergenerational interaction because this can help the well-being of older adults and help children develop good judgment and knowledge about how to interact with others, particularly those outside of their generation. Because intergenerational interaction can help combat ageism and racism, that is the gift of IDEA lab itself, with its vision of inclusivity.



We have significantly progressed through leaps and bounds considering the challenges around the demands of our jobs at bedside vis-a-vis keeping up with our project timelines. Clinical research is indeed team work and is a team-sport with the timely guidance from our mentor, Dr. Lillian Hung.

Grateful to STAT Centre leadership for their continued support but most especially our shakers and shapers namely co-investigators Joanna, PT & Michelle, OT; Nurse Champions Richel & Jennifer; Jessica & Vessa of Toch; and our ever energetic RA's Sena & Peter.

# Sleepsense

*Cromwell Acosta*



We proudly #SPEAKTsleepsense our achievements :

- Shared and discussed pre-interview summaries with our stakeholders and industry partner with positive feedbacks to frame next steps in structuring our paper for later publication.
- Posted colourful and inviting patient recruitment infographics at UBC Hospital STAT Centre Inpatient unit. Posted flyers at bedside.
- Educated core Sleepsense trainers about sensor's systems overview and the logistics around actual bedside set-up in preparation for data collection.
- Assimilated next steps to include Tochtech installation of 16 sensors; updated assents and consent forms; and created log-in portals to encode participants' information.
- Knowledge Translate #sleepsense by training staff about research in general and Sleepsense technical use across shifts assisted by our two RN team champions.

# TV Study

*Karen Wong*

We had our last TV team meeting on February 14th, 2024. We celebrated the great work we did in the last two years and look forward to continuing our partnership in other capacities. We will continue to work on papers to capture the findings and learnings from our project. Our lab will use the Zinnia TV videos in the Co-creating VR project and some of our team members will participate and support the Co-create VR project.



# Team-Based Virtual Care

*Ian Chan*

Our policy brief is complete, which is an important milestone for our work. We will now focus on strategizing how to translate our findings into real-world applications across academic and healthcare leadership platforms. Our goal is to ensure that our insights have a significant impact on the healthcare sector. In addition, we are preparing to present our policy review findings and recommendations to the Vancouver Coastal Health (VCH) leadership in mid-March. This meeting is a crucial opportunity for us to influence healthcare delivery and improve team-based virtual care practices. Our team is working hard to ensure that our recommendations drive meaningful change in the healthcare sector.



# Team Based Virtual Care



# The Strategic Equity & Anti-Racism (StEAR) Enhancement Fund Application

*Joey Wong*

Our lab members, Joey, Albin, Jason, and our patient engagement partner Mario, supported by Dr. Hung, successfully applied the StEAR fund from the UBC Equity Office to their project – Enhancing the Age-Friendliness of UBC Campus with Community-dwelling Older Adults. The team partnered with the Gathering Place in Downtown Vancouver for this project. The team had their first strategy team meeting with community partners on Feb 9, 2024. Older adults of diverse cultural backgrounds will be recruited for group walks on specifically designed routes on the UBC Vancouver campus starting in April 2024. Stay tuned for more updates!



## DemSCAPE

*Joey Wong*

Community partners, people with lived experiences, city planners, trainees and researchers viewing the DemSCAPE documentary together



Photo exhibit in the library showcasing snapshots of our walk-along interviews and quotes from participants living with dementia



Our first World Café, in collaboration with Simon Fraser University, was successfully held at the Burnaby Library on February 13, 2024.



Discussed opportunities, challenges and strategies towards a dementia-friendly neighbourhood.

Through these knowledge translation events, we hope to share findings of the DemSCAPE project with the community in various ways. We are grateful to collaborate with the City of Burnaby in this event. We also appreciate the active engagement of all participants and our volunteers. We are excited about the coming World Café on March 13, 2024, partnered with the City of Richmond!



## LIS/VIP

*Kayla Wen*

This month, we conducted multiple interviews with staff and family members over Zoom, and received incredible feedback to incorporate into our project! We are currently working on projector installations at our partner sites, which is a very exciting step that will enhance the VR experience for those in long term care. The team has also been working on co-creating KT products with our patient and family partners.

We have officially completed our first phase of data collection and interviews, reaching a significant milestone in our journey. We have all learned a lot from the interdisciplinary and intergenerational teamwork!

Stay tuned for more updates on our next steps!

